

CURRICULUM VITAE

Nathan T. Woo, Ph.D.

PERSONAL INFORMATION

Graduate Teaching Associate
The Department of Communication
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EDUCATION

University of Arizona (2022)

Ph.D. Communication
 Advisor: Kory Floyd
 Committee: Stephen A. Rains, Margaret J. Pitts, Heidi A. Hamann

Ph.D. Minor Health psychology and behavioral medicine
 Advisor: Heidi A. Hamann

Honors The Honor Society of Phi Kappa Phi

San Diego State University (2017)

M.A. Communication studies
 Advisor: Brian H. Spitzberg
 Committee: Rachael A. Record, Allison A. Vaughn

Honors Scholars Without Borders Honors Society

University of California, Davis (2014)

B.A. Communication

B.A. Psychology

Honors College of Letters and Science Deans' Honors List

CHRONOLOGY OF EMPLOYMENT

Aug. 2022 *Assistant Professor*, Department of Communication Studies, California State University, Sacramento

Aug. 2017–
May 2022 *Graduate Teaching Associate*, Department of Communication, University of Arizona

- Mar. 2021– Jul. 2021 *Clinical Research Assistant, Mayo Clinic*
- Aug. 2016– May 2017 *Student Athlete Academic Tutor, San Diego State University Athletics, San Diego State University*
- Aug. 2015– May 2017 *Graduate Teaching Associate, School of Communication, San Diego State University*
- Sep. 2014– Jun. 2015 *Intern, Kiva Microfunds, San Francisco, CA*
- Jun. 2013– Jun. 2014 *Research Assistant, Dynamic Interactions in Cognition and Emotion (D.I.C.E.) Lab, Department of Communication, University of California, Davis*
- Jun. 2013– Jul. 2013 *Course Tutor, Department of Communication, University of California, Davis*
- Feb. 2012– Aug. 2012 *Research Assistant, Social & Emotional Development Lab, Department of Psychology, University of California, Davis*

HONORS AND ACHIEVEMENTS

Research

- 2020 *Chris Segrin Graduate Dissertation Award, University of Arizona Department of Communication (\$700)*
- 2020 *Top Paper Panel, Interpersonal Communication Division, National Communication Association Convention*
- 2020 *Top Paper Panel, Interpersonal Communication Interest Group, Western States Communication Association Convention*
- 2019 *Kory Floyd Graduate Fellowship in Interpersonal Relations, University of Arizona Department of Communication (\$500)*
- 2019 *Rose B. Johnson Most Outstanding Article Award, Southern Communication Journal*
- 2018 *Top Paper Panel, Interpersonal Communication Interest Group, Western States Communication Association Convention*

Teaching

- 2019 *Excellence in Teaching Award, University of Arizona Department of Communication (\$800). The University of Arizona is a federally recognized Hispanic Serving Institution (HSI) and American Indian and Alaska Native-Serving Institution.*

- 2017 *Outstanding Graduate Teaching Associate Award*, San Diego State University School of Communication. San Diego State University is a federally recognized HSI, First-gen Forward Advisory Institution, and Asian American, Southeast Asian American, Desi American, Native Hawaiian or Pacific Islander (AANAPISI) Institution.

RESEARCH

Publications

8. Floyd, K., & Woo, N. T. (in press). Psychophysiological measurement. In E. Ho, C. Bylund, & J. C. van Weert (Eds.). *International Encyclopedia of Health Communication*. Wiley.
7. Floyd, K., Woo, N. T., Custer, B. E., Dinsmore, D. R., Duncan, K. L., & Maré, J. (2022). Examining the social signaling and person perception functions of loneliness. *OBM Neurobiology* [special issue on loneliness]. Advance online publication.
6. Hesse, C., Floyd, K., Rains, S. A., Mikkelsen, A. C., Pauley, P. M., Woo, N. T., Custer, B. E., & Duncan, K. (2021). Affectionate communication and health: A meta-analysis. *Communication Monographs*, 88(2), 194–218.
<https://doi.org/10.1080/03637751.2020.1805480>
5. Floyd, K., Woo, N. T., & Custer, B. (2020). The biology of affectionate communication. In K. Floyd & R. Weber (Eds.), *Handbook of communication science and biology* (pp. 308–318). Routledge.
4. Sias, P. M., Tsetsi, E., Woo, N., & Smith, A. D. (2020). With a little help from my friends: Perceived task interdependence, coworker communication, and workplace friendship. *Communication Studies*, 71(4), 528–549.
<https://doi.org/10.1080/10510974.2020.1749863>
3. Floyd, K. & Woo, N. T. (2020). Loneliness and social monitoring: A replication of Knowles et al. *Personal Relationships*, 27(1), 209–223.
<https://doi.org/10.1111/pere.12304>
2. Floyd, K., Matheny, R., Dinsmore, D. R., Custer, B., & Woo, N. T. (2019). “If you disagree, unfriend me now”: Exploring the interpersonal phenomenon of invited unfriending. *American Journal of Applied Psychology*, 7(1), 20–29.
<https://doi.org/10.12691/ajap-7-1-3>
1. Floyd, K., Pauley, P. M., Hesse, C., Eden, J., Veksler, A. E., & Woo, N. T. (2018). Supportive communication is associated with markers of immunocompetence. *Southern Communication Journal*, 83(4), 229–244.
<https://doi.org/10.1080/1041794X.2018.1488270>

Manuscripts in Progress

4. Chapman, C. R., Woo, N. T., & Maluf, K. S. (revise and resubmit). *Communication strategies used by physical therapists in chronic pain care: A qualitative systematic review and meta-synthesis*. Manuscript submitted to *Physical Therapy & Rehabilitation Journal*.
3. Floyd, K., Debrot, A., Horan, S. M., Hesse, C., & Woo, N. T. (under review). *Affectionate communication, health, and relationships*. Invited manuscript from *Personal Relationships*.
2. Floyd, K., Woo, N. T., Maré, J., & Duncan, K. L. (under review). *Sampling practices in communication studies: A decade of research in four top journals*. Manuscript submitted to *Journal of Communication*.
1. Woo, N. T. (in progress). *A systematic review of hugging on health and well-being*.

Competitively Selected Conference Papers and Presentations

17. Floyd, K., Woo, N. T., Custer, B. E., Dinsmore, D. R., Duncan, K. L., & Maré, J. (2022, February 18–21). *Examining the social signaling and person perception functions of loneliness*. [Paper presentation]. Western States Communication Association, Interpersonal Communication Interest Group. Portland, OR.
16. Hesse, C., Floyd, K., Rains, S. A., Mikkelson, A. C., Pauley, P. M., Woo, N. T., Custer, B. E., & Duncan, K. (2020, November 19–22). *Affectionate communication and health: A meta-analysis*. [Paper presentation]. National Communication Association Convention, Interpersonal Communication Division. Indianapolis, Indiana.
15. Chapman, C. R., Woo, N. T., & Maluf, K. S. (2020, August 4–8). *Communication strategies used by physical therapists in chronic pain care: A qualitative systematic review and meta-synthesis*. [Paper presentation]. International Association for the Study of Pain World Congress on Pain, Amsterdam, Netherlands.
14. Floyd, K., & Woo, N. T. (2020, February 22–24). *Loneliness and social monitoring: A replication of Knowles et al.* [Paper presentation]. Western States Communication Association Convention, Denver, CO, United States.
13. Woo, N. T., & Kohng, J. H. (2019, November 14–17). *Imagining for (friendship) survival: Evidence of imagined interactions facilitating long-distance long-term friendship maintenance*. [Paper presentation]. National Communication Association Convention, Student Section. Baltimore, MD.
12. Sias, P. M., Smith, A. D., Woo, N. T., & Tsetsi, E., (2019, May 24–28). *Task interdependence and workplace friendship: The mediating roles of communication and trust*. [Paper presentation]. International Communication Association Conference, Organizational Communication Division. Washington, D.C.

11. Floyd, K., Matheny, R., Dinsmore, D. R., Custer, B., & Woo, N. T. (2019, February 23–25). *“If you disagree, unfriend me now”*: Exploring the phenomenon of invited unfriending. [Paper presentation]. Western States Communication Association Convention, Interpersonal Communication Interest Group. Seattle, WA.
10. Woo, N. T. & Santiago, J. (2018, November 8–11). *Fighting the Freshman 15: Applying inoculation theory and testing motivational threat to strengthen healthy eating attitudes of college freshmen*. [Paper presentation]. National Communication Association Convention, Research in Progress Roundtables. Salt Lake City, UT.
9. Woo, N. T., Spitzberg, B. H., & Record, R. A. (2018, May 24–28). *Mobilizing friendship: Mitigating perceived feelings of loneliness through social networking applications*. [Paper presentation]. International Communication Association Conference, Interpersonal Communication Division. Prague, Czech Republic.
8. Martinez, L. S., Tan, A., Lewis, N., Santiago, J. E., & Woo, N. T. (2018, May 24–28). *A narrative review of information engagement and social networking sites research*. [Paper presentation]. International Communication Association Conference, Information Systems Division. Prague, Czech Republic.
7. Floyd, K., Pauley, P. M., Hesse, C., Eden, J., Veksler, A. E., & Woo, N. T. (2018, February 16–19). *Supportive communication is associated with markers of immunocompetence*. [Paper presentation]. Western States Communication Association Convention, Interpersonal Communication Interest Group. Santa Clara, CA.
6. Woo, N. T. (2018, February 16–19). *From traditional classrooms to virtual learning environments: A review of the literature on classroom climate*. [Paper presentation]. Western States Communication Association Convention, Communication and Instruction Interest Group. Santa Clara, CA.
5. Woo, N. T. (2017, November 16–19). *A model of long-distance friendship maintenance via social network cell phone applications*. [Paper presentation]. National Communication Association Convention, Student Section. Dallas, TX.
4. Chapman, C. R., & Woo, N. T. (2017, March 3–4). *Communicating pain: How gender identity influences self-disclosure and pain tolerance during the cold pressor test*. [Paper presentation]. San Diego State University Student Research Symposium. San Diego, CA.
3. Woo, N. T. (2017, February 18–21). *(Re)Constructing the president-elect victory speech genre*. [Paper presentation]. Western States Communication Association Convention, Rhetorical and Public Address Interest Group. Salt Lake City, UT.
2. Woo, N. T. (2016, May 13). *Using a coaching metaphor in teaching the basic course*. [Conference session]. Grossmont College Communication Teaching Summit. San Diego, CA.

1. Woo, N. T. (2016, April 22–24). *Bulking up or toning down: The performance of yoga and its influence on traditional masculinity, the ideal masculine body, and male participation*. [Paper presentation]. Binational Association of Schools of Communication (BINACOM) Conference. San Diego, CA.

TEACHING (F = fall, S = spring, M = summer, W = winter)

Sacramento State Department of Communication Studies

Graduate Seminars

COMS 219: Conflict Management

- Instructor of Record: S23

Undergraduate Courses

COMS 119: Conflict Resolution

- Instructor of Record: F22

COMS 100C: Intro to Scientific Methods in Communication Research

- Instructor of Record: F22

COMS 8: Interpersonal Communication

- Instructor of Record: F22

University of Arizona Department of Communication

COMM 451: Communication and Emotion

- Instructor of Record: M20

COMM 415: Nonverbal Communication

- Instructor of Record: M18, M19
- Assistant to the Instructor: W17

COMM 228: Research Methods in Communication

- Instructor of Record: F18, S19
- Assistant to the Instructor: F17, S18

COMM 114: Introduction to Interpersonal Communication

- Instructor of Record: F20, S21

COMM 113: Introduction to Small Group Communication

- Instructor of Record: S19, F21, S22

University of Arizona School of Information

ESOC 302: Quantitative Methods for the Digital Marketplace

- Instructor of Record: F19

San Diego State University School of Communication

COMM 103: Oral Communication

- Instructor of Record: F15, S16, F16, S17

San Diego State University Athletics

COMM 495: Communication Capstone: Conceptualizing and Investigating Communication

- Student Athlete Academic Tutor: S17

COMM 350: Investigating Communication

- Student Athlete Academic Tutor: F16

COMM 321: Intro to Health Communication

- Student Athlete Academic Tutor: S17

COMM 300: Conceptualizing Communication

- Student Athlete Academic Tutor: F16

COMM 245: Interpersonal Communication

- Student Athlete Academic Tutor: S17

COMM 160: Argumentation

- Student Athlete Academic Tutor: F16

University of California, Davis Department of Communication

CMN 136: Organizational Communication

- Course Tutor: M13

CMN 101: Communication Theories

- Course Tutor: M13

CMN 003: Interpersonal Communication

- Course Tutor: M13

Invited Guest Lectures and Talks

2019 *Health Communication: An Overview*, Health Psychology & Behavioral Medicine Research Group, Department of Psychology, University of Arizona.

2018 *Affectionate Communication in Interpersonal Contexts*, Department of Communication, University of Georgia.

Training and Certifications

2018 Introduction to Teaching Online, *Office of Instruction & Assessment, University of Arizona*

2016 The Art of Inclusive Communication, *National Conflict Resolution Center*

CLINICAL EXPERIENCE

Clinical Research Assistant, Mayo Clinic

Community Engagement Alliance (CEAL) Against COVID-19 Arizona Taskforce (AC3)

- National Institutes of Health (NIH) funded project.
- Interdisciplinary team of medical professionals and behavioral scientists from Mayo Clinic, Northern Arizona University, Arizona State University, and the University of Arizona.
- Assisted with health messaging campaigns and interpersonal communication strategies for Arizona community leaders that specifically targeted vaccine hesitant members of historically marginalized and minority populations (e.g., Black, Hispanic, Native, disabled).
- Joined a special Zoom call with the White House for Arizona faith and community leaders on the COVID-19 vaccination effort.

National Center for Integrated Behavioral Health (NCIBH)

- Health Resources and Services Administration (HRSA) supported center.
- Collaborated with NCIBH members to plan, promote, and host webinars.
- Responsible for social media outreach and scheduling.

SERVICE

Disciplinary Service

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| 2022 | Convention Reviewer, <i>National Communication Association Convention, Health Communication Division. New Orleans, LA</i> |
| 2021 | Proofreader, <i>Journal of Communication Technology</i> |
| 2021 | Ad hoc Reviewer, <i>Journal of Adolescent Health</i> |
| 2021 | Ad hoc Reviewer, <i>Western Journal of Communication</i> |
| 2021 | Convention Panel Chair, <i>International Communication Association Conference, Interpersonal Communication Division. Virtual conference</i> |
| 2021 | Convention Reviewer, <i>National Communication Association Convention, Master's Education Section. Seattle, WA</i> |
| 2020 | Ad hoc Reviewer, <i>Cyberpsychology, Behavior, and Social Networking</i> |
| 2020 | Ad hoc Reviewer, <i>Journal of Social and Personal Relationships</i> |
| 2020 | Paper Reader, <i>Western States Communication Association, Interpersonal Communication Division</i> |
| 2020 | Convention Reviewer, <i>National Communication Association Convention, Health Communication Division. Indianapolis, IN</i> |

- 2020 Convention Reviewer, *National Communication Association Convention, Master's Education Section. Indianapolis, IN*
- 2020 Convention Reviewer, *International Communication Association Conference, Interpersonal Communication Division. Gold Coast, Australia*
- 2020 Convention Reviewer, *Western States Communication Association Convention, Communication Theory and Research Division. Denver, CO*
- 2019 Ad hoc Reviewer, *Journal of Social and Personal Relationships*
- 2019 Convention Panel Chair, *National Communication Association Convention, Student Section. Baltimore, MD*
- 2019 Convention Reviewer, *National Communication Association Convention, Student Section. Baltimore, MD*
- 2019 Convention Volunteer, *National Communication Association Convention. Baltimore, MD*
- 2019 Convention Panel Chair, *Western States Communication Association Convention, Media Studies Division. Seattle, WA*
- 2019 Convention Reviewer, *Western States Communication Association Convention, Communication Theory and Research Division. Seattle, WA*
- 2018 Ad hoc Reviewer, *Western Journal of Communication*
- 2018 Convention Volunteer, *National Communication Association Convention. Salt Lake City, UT*
- 2018 Conference Volunteer, *International Communication Association Conference. Prague, Czech Republic*
- 2017 Ad hoc Reviewer, *Western Journal of Communication*
- 2017 Convention Volunteer, *National Communication Association Convention. Dallas, TX*
- 2016 Lead Graduate Student Host and Organizer, *Western States Communication Association Convention. San Diego, CA*
- 2016 Stanford Graduate School of Business Host, *Management Communication Association Conference. Stanford, CA*

Departmental Service

- 2020–2021 President, *Association of Graduate Students in Communication, Department of Communication, University of Arizona*
- 2018–2020 Treasurer, *Association of Graduate Students in Communication, Department of Communication, University of Arizona*

- 2018–2020 Public Relations Committee Member, *Association of Graduate Students in Communication, Department of Communication, University of Arizona*
- 2017–2020 Graduate Mentoring Committee Member, *Association of Graduate Students in Communication, Department of Communication, University of Arizona*
- 2017–2018 Faculty Liaison, *Association of Graduate Students in Communication, Department of Communication, University of Arizona*
- 2016–2017 Treasurer, *Society of Communication and Leadership, School of Communication, San Diego State University*
- 2016–2017 Fundraising Committee Chair, *Society of Communication and Leadership, School of Communication, San Diego State University*
- 2015–2016 Academic Events Committee Member, *Society of Communication and Leadership, School of Communication, San Diego State University*
- 2015–2016 Social Events Committee Member, *Society of Communication and Leadership, School of Communication, San Diego State University*

University Service

- 2019–2022 Grant Reviewer, *Graduate and Professional Student Council, The University of Arizona*
- 2019 Role Player, *The University of Arizona Police Department and the Critical Incident Response Team Active Shooter Exercise, University of Arizona*
- 2019 Workshop Organizer, *The University of Arizona Tech Park BESST (Building Experiential Skilled Student Talent) Workshop, University of Arizona*
- 2018 Workshop Leader, *The University of Arizona Department of Communication Inaugural COMM Development Day, University of Arizona*
- 2017 Workshop Leader, *The University of Arizona Tech Park BESST (Building Experiential Skilled Student Talent) Workshop, University of Arizona*
- 2016 Member, *Aztecs for Recovery, San Diego State University*
- 2016 Judge, *San Diego State University Student Research Symposium, San Diego State University*
- 2014 Committee Member, *UC Davis College of Letters & Science Commencement Speech Committee, University of California, Davis*
- 2014 Volunteer, *UC Davis Whole Earth Festival, University of California, Davis*
- 2013 Volunteer, *UC Davis Arboretum, University of California, Davis*
- 2010– Treasurer, *UC Davis Judo Team, University of California, Davis*

2011

Professional Service and Media Appearances

2020 Interviewee, *“Best Forever: A Podcast for Kindred Spirits”* with Dr. Alysa A. Lucas, Assistant Professor at Central Michigan University, Host

2017 Interviewee, *“Best Forever: A Podcast for Kindred Spirits”* with Dr. Alysa A. Lucas, Assistant Professor at Central Michigan University, Host

2015 Co-President, *Toastmasters International, Kiva Microfunds. San Francisco, CA*

2014 Panel Moderator, *Lend for America Summit. Berkeley, CA*

GRANT EXPERIENCE

Travel Grant. Amount: \$671.47. Funder: Graduate & Professional Student Council, The University of Arizona. Role: PI. Funding received Spring 2022.

Travel Grant. Amount: \$2160. Funder: The Associated Students of the University of Arizona, The University of Arizona. Role: PI. Funding received Fall 2019.

Travel Grant. Amount: \$452. Funder: Graduate & Professional Student Council, The University of Arizona. Role: PI. Funding received Fall 2019.

RESEARCH AND SAFETY CERTIFICATIONS

Bloodborne Pathogens and Universal Precautions (OSHA Compliant), *Risk Management Services, University of Arizona*

Basic Biosafety Protection, *Research Laboratory & Safety Services, University of Arizona*

Good Laboratory Practices, *Research Laboratory & Safety Services, University of Arizona*

CPR for Professional Rescuers, *American Red Cross*

AED for Professional Rescuers, *American Red Cross*

Standard First Aid, *American Red Cross*

PROFESSIONAL ASSOCIATION MEMBERSHIPS

Western States Communication Association

National Communication Association

International Communication Association

International Association for Relationship Research

Society of Behavioral Medicine

American Psychological Association

PROFESSIONAL REFERENCES

Kory Floyd, Ph.D.

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Department of Communication
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